



# VIDYASAGAR UNIVERSITY

Office of the Secretary, Council for Undergraduate Studies

Midnapore – 721102, Paschim Medinipur, West Bengal.

Ref. No. VU/UG/ 47 /2024

Dated: 11.03.2024

To  
The Principal/TIC/OIC(s)  
All the affiliated Colleges under  
Vidyasagar University

**Reg. - Guideline for examination of Skill Enhancement Course (SEC)-01 of Philosophy,  
under CCFUP, 2023-24**

Sir / Madam,

The guidelines for examination of Skill Enhancement Course (SEC)-01 related to Philosophy programmes under CCFUP, 2023-24 with effect from Semester-I Examinations, 2023-24, have been enclosed herewith for your kind perusal and needful action.

All concerned are hereby informed and requested to follow the said guidelines.


Thanking you with regards.

Sd/-

Secretary  
UG Council

**Copy forwarded to:**

1. The Chairperson, UG BOS in Philosophy
2. The Controller of Examination, VU
3. The Inspector of Colleges, VU

  
11/03/24  
Secretary  
UG Council  
Secretary  
UG Council  
VU Midnapore



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## Guideline for examination of Skill Enhancement Course (SEC)-01 of Philosophy Programme under CCFUP, 2023-24

(w.e.f. Semester-I Examination, 2023-24)

The following are the guidelines in relation to the examination/ assessment of Skill Enhancement Course (SEC)-01 of Philosophy (Hons. / Multidisciplinary) Programmes under CCFUP, 2023-24.

Course Code	Course Title	Credit	L-T-P	CA	ESE	TOTAL
SEC 01	Yoga for Stress Management	3	0-0-3	10	40	50

The examination / assessment of the SEC-01 paper of full marks 50 shall include following marks distribution.

CA (Continuous Assessment) - 10 Marks (conducted by the College)

Continuous Assessment includes:

Internal Assessment - 05 marks -do-  
Class Attendance - 05 marks -do-

Practical /Project Examination - 40 Marks (conducted by the College in presence of External Examiner)

Practical /Project Examination includes:

Practical / Assignment - 30 marks (report with picture of practical activities)  
Viva-Voce - 10 marks

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VIDYASAGAR UNIVERSITY

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